

**Lunch Menu****Cafe****BREAKFAST COMBOS**

Served with organic local herb-roasted red potatoes. Fresh organic fruit or tomatoes instead of potatoes, add 1.5

Phil's Breakfast

Three eggs any style, your choice of pepper bacon, black forest ham or Isernio's Italian chicken sausage. Served with a slice of homemade organic whole wheat toast, 9

Rancher's Breakfast

Three eggs any style, your choice of pepper bacon, black forest ham or Isernio's Italian chicken sausage and two organic pancakes or two slices of homemade challah French toast. Includes a trip to the toppings bar, 13.

Sharing is an extra 6 (unless each person has an entrée)

Migas

A large flour tortilla stuffed with three chipotle-cumin scrambled eggs, Tillamook medium and sharp white cheddar, fresh basil, homemade salsa and sour cream. Served with fresh avocado salsa, 12 Add chorizo sausage, 2

SPECIALTY HASHES

Grilled organic vegetables including: red onion, bell peppers, red potatoes, sweet potatoes, fresh herbs and garnished with green onion. Topped with three scrambled eggs and served with a slice of homemade organic whole wheat toast.

Choose one of the following to have mixed in:

- All-natural Zoe's Meats corned beef, 13
- House-smoked Cap'n Charlie's wild salmon, 14
- Isernio's chicken basil sausage, 13
- Pepper bacon, 13
- Sauteed organic mushrooms, 12
- Vegan option - mushrooms and tofu, no eggs, 12

TOPPINGS BAR

Each item below includes a trip to our toppings bar where you will find fruits, nuts, butter, organic maple syrup. Remember, take all you want, but eat all you take.

*****Sharing a toppings bar menu item is 6 extra (unless each person has an entrée)**

French Toast

Three slices of homemade challah bread are dipped in our vanilla egg batter and grilled, 10

Pancakes

Two big pancakes made from organic Bluebird Farms farro heirloom wheat, organic yogurt and vanilla, 9
Dave's way, one pancake topped with one egg, 9

Buckwheat Pancakes

Two hearty (and gluten free) organic buckwheat pancakes topped with honey butter, 10

Rice Flour Pancakes

Two big organic rice flour pancakes made with yogurt and topped with organic wild berry compote, 10

Organic Homemade Granola Parfait

Five grain mixture with honey and maple syrup, sliced almonds, raisins, ginger, cardamom, topped with organic vanilla yogurt and mixed berry compote, 8

SIDES

- Black forest ham, 3
- Pepper bacon, 3
- Chicken-basil sausage, 3
- Herb-roasted red potatoes, 3
- One egg any style, 2
- Additional eggs, 1 each
- Whole Wheat Toast (2 slices), 2
- Single trip to the toppings bar, 6

SANDWICHES

Served on fresh organic homemade flatbread (unless otherwise specified) with your choice of roasted organic café potatoes or organic house salad with roasted red pepper vinaigrette. All our meats are all-natural (no hormones or antibiotics) and locally sourced when available.

Portobello Mushroom

Balsamic marinated, grilled organic Portobello mushroom, fresh basil, eggplant, baby arugula and Fontina cheese with roasted red pepper pesto, 10

Reuben

Grilled tender corned beef, aged Gruyere cheese, sauerkraut and Louie sauce on marbled rye, 10

Club

Your choice of organic free-range chicken breast or Zoe's all-natural turkey, with organic avocado, lettuce, tomato, mayonnaise and thick pepper bacon, 11

'Falafel' Burger

House-made patty of organic chickpeas, onions, ground cumin and coriander, and a squeeze of lemon, with pickled cucumbers and tangy yogurt sauce, all on a homemade bun, 10

Patty Melt

Hand-formed, 6 oz. Oregon Country Natural beef patty, caramelized onions simmered in Portage Bay Pilsner with melting Beecher's Flagship cheese and homemade Louie sauce on marbled rye, 10

Ham and Gruyere

Zoe's Meats black forest ham and aged gruyere, organic stone ground mustard, lettuce and tomato, 9

Reuben

Grilled tender corned beef, aged Gruyere cheese, sauerkraut and Louie sauce on marbled rye, 10

Genoa Salami

Piled with melting fontina cheese, fresh basil, organic tomatoes and roasted organic red onion with a roasted red pepper aioli, 11

Prime Rib Dip

Seasoned, daily-roasted Oregon Country Natural Beef rib-eye with melted 5-year Gouda, caramelized shallots, and a horseradish spread. Served with au jus, 13

Burger

Our hand-formed, 6 oz. Oregon Country Natural Beef burger is accompanied by roasted red pepper aioli, organic lettuce, tomato and onion, all on a homemade bun, 10
With organic cheddar or Gruyere, 11
With cheese and pepper bacon, 12

Quesadilla

(does not come with potatoes or salad)

New York sharp and Tillamook medium cheddar, organic black beans, green onions, homemade pico de gallo and sour cream, 10.
With organic free-range chicken, 14

*The King County Department of health would like us to inform you that the consumption of rare or undercooked meat and eggs may pose a health risk.

**ENTRÉE SALADS**

Served with a chunk of savory, homemade organic bread, choose one of the following to top it:

- Grilled Portobello Mushroom, 2**
- Organic Marinated and Baked Tofu, 2**
- Grilled Organic, Free-Range Chicken breast, 4**
- Grilled Large Gulf Prawns, 4**
- House Smoked Salmon, 4**

Organic Grain Salad

Bluebird Farms' Emmer farro and organic chick peas, tossed with roasted organic baby carrots, potatoes, red and yellow onion, kalamata olive, sage, and a light lemon/rosemary vinaigrette, 10

Quinoa Salad

High-protein, gluten-free grain salad of organic quinoa, baby organic arugula and roasted corn, tossed in a roasted green-chili vinaigrette, 10

Spinach Salad

Diced tomatoes, mushrooms, blackened red onions, grilled fresh green onion, chopped bacon and crumbled Rogue Creamery smokey bleu cheese, tossed in our creamy bacon/bleu cheese dressing, 10

Tofu and Soba Noodle Salad

Chilled organic soba noodles tossed with organic marinated and baked tofu, organic tomato, mushrooms, greens and organic seasonal vegetable in a ginger vinaigrette, 10

Walnut Salad

Organic field greens tossed with organic seasonal fruit, candied walnuts and crumbled Rogue smokey bleu cheese in our balsamic vinaigrette, 10

Caesar Salad

Organic romaine lettuce tossed in our homemade Caesar dressing with house-made croutons and freshly grated Parmesano-Reggiano, 10

Organic Prawn and Chicken Salad

Sustainably-caught American prawns and organic chicken breast are grilled and tossed with an organic seasonal vegetables and udon noodles in a red curry and coconut milk dressing, then garnished with toasted coconut, 14

Quick Lunch Combo

Organic mixed greens in our roasted red pepper vinaigrette with cucumber, tomato and Parmesan, served with a cup of our soup of the day and homemade bread, 9

Fresh Squeezed Juices, 3.5

- Organic Orange
- Grapefruit
- Apple
- Apple-Raspberry
- Lemonade
- Berry Lemonade

"Choose Your Juice" Mimosa, 5

Choose one of the juices above and we'll mix it with champagne for you!

Coffee: Portage Bay Blend, Organic and Fair Trade from Fonte Coffee Roasters, 2.25

Nathan's Blend espresso, Fonté Coffee Roasters Latté, Mocha, Americano, etc., prices vary

Harmony Chai Latte, from Orcas Island
with 2% milk or Soy Milk 3.40 Tall/3.65 Grande

Mighty Leaf Tea, 2.25

- Black: Organic Earl Grey, Organic Breakfast, Orange Dulce
- Green: Organic Green Dragon
- White: White Orchard
- Maté: Rainforest
- Herbal: Organic Mint Melange, Chamomile Citrus

Paradise Tropical Iced Tea, 2

All-Natural, caffeine-free Virgil's Sodas, 3
Cola, Diet Cola, Lemon-Lime, Root Beer, Orange Cream
By Popular Demand: Coke, Diet Coke, Sprite, 2

Sparkling Mineral Water, 2.5

BEER, 3.5/bottle**Fish Tale Organic Amber Ale**

Fish Brewing Company, Olympia, WA - A fine beer to bring out the pride and flavor of organic food grown locally.

Fish Tale Organic IPA

Fish Brewing Company, Olympia, WA - The flavors are bountiful and reveal the complex mash used to create this domestic India Pale Ale.

We also carry a variety of beers that change seasonally- ask your server about what we have right now.

WINE**2007 Six Prong Chardonnay**

Horse Heaven Hills, Prosser, WA - A fine example of an un-oaked chardonnay, this is full bodied and very versatile. 6.25/25

2008 Perducci Sustainable White

Mendocino, CA- crisp, clean aromas of citrus and melon, pairs well with fresh salads, free-range chicken, and organic vegetable dishes. 5/20

2006 Hoodspout Cabernet-Merlot

Columbia Valley, WA - This full-bodied blend is deep and flavorful, the color is dark purple and almost "port like" in character. 5.25/21

2008 Perducci Sustainable Red

Mendocino, CA- Berry fruit flavors and spicy complexities, pairs well with pasta, pizza and flavorful cheeses, 5/20